

ENERGY GEL

ORANGE LEMON LIME 35g

RECOMMENDED USE:

Use 15 minutes prior to activity, then every 30-40 minutes during exercise. Always use gel with 200-300ml of fluids to help prevent gastrointestinal upset. Maximum daily intake 10 servings.



PREMIUM INGREDIENTS



GLUTEN FREE



VEGAN FRIENDLY



NO ADDED COLOUR



DAIRY FREE

Formulated Supplementary Sports Food. This food is not a sole source of nutrition and should be used in conjunction with a nutritious diet and appropriate exercise program.

Not suitable for children under 15 years of age or pregnant women. Should only be used under medical or dietetic supervision.



NEW ZEALAND.COM
Licence No.100155

Made in New Zealand

NUTRITION INFORMATION

Servings per package: 1

Serving size: 35g

	Avg Quantity Per Serving	Avg Quantity Per 100g
Energy	397 kJ (95 Cal)	1140 kJ (271 Cal)
Protein, total	0.0 g	0.1 g
- gluten	0.0 mg	0.0 mg
Fat, total	0.0 g	0.0 g
- saturated	0.0 g	0.0 g
Carbohydrate	23.3 g	66.7 g
- sugars	3.3 g	9.5 g
Dietary Fibre	0.0 g	0.0 g
Sodium	49 mg	140 mg
Potassium	13 mg	37 mg

INGREDIENTS: Maltodextrin, Filtered Water, Organic Cane Sugar, Lemon Juice (4%), Lime Juice (3%), Orange Juice (1%), Mineral Salt (Sodium Citrate), Sea Salt, Preservative (Potassium Sorbate, Sodium Benzoate), Antioxidant (Ascorbic Acid).